

**SLEEPCON 2017**  
**SCIENTIFIC PROGRAM**  
**DAY 1, ON SATURDAY, 08.04.2017**

<b>8.00AM – 9.00AM - REGISTRATION</b>			
<b>SESSION –I</b>			
<b>Time</b>	<b>Duration</b>	<b>Topics</b>	<b>Speaker</b>
9.00 - 9.20	20 mins	Neuromodulation in management of Sleep disordered breathing	Dr. Deepak Shrivastava
9.20 - 9.40	20 mins	Humidification during CPAP and BIPAP therapy: indications, efficacy and methods	Dr. T. Balamugesh
<b>SESSION –II</b>			
<b>Time</b>	<b>Duration</b>	<b>Topics</b>	<b>Speaker</b>
9.40 - 10.00	20 min	RLS / WED – advances in understanding pathophysiology	Prof. Yves Dauvilliers
10.00-10.20	20 min	RLS / WED – clinical presentations and significance	Dr. Preeti Devnani
10.20-10.40	20 min	RLS treatment update from available evidence	Dr. Ravi Gupta
<b>10.40-11.10</b>		<b>TEA</b>	

<b>SESSION –III</b>			
<b>Time</b>	<b>Duration</b>	<b>Topics</b>	<b>Speaker</b>
11.10-11.30	20 mins	Aetopathogenesis of OSA in children	Dr. RM.PL. Ramanathan
11.30-11.50	20 mins	Management of pediatric OSA :treatment options and outcomes	Dr. Suri J.C
11.50-12.10	20 mins	Sleep among adolescents – Sleep hygiene challenges and disordered circadian rhythms	Dr. Usha Elango
12.10-12.30	20 mins	Expanding your sleep practice to include children	Dr. Victor Jerome

<b>SESSION –IV</b>	
<b>12.30-13.15</b>	<b>ISDA ORATION</b>
Chairpersons: Dr Vikram Sarbhai, President – ISDA, Dr D Bhattacharya, Hony Secretary – ISDA	
Orator: Dr Garima Shukla , Topic: " <a href="#">The Brain in Sleep : glimpses into the abyss of Hypnos</a> "	
<b>13.15-14.00</b>	<b>LUNCH</b>

SESSION –V			
Time	Duration	Topics	Speaker
14.00-14.20	20 mins	Pre-and post-operative care of obstructive sleep apnea patients	Dr. Ramakrishnan N
14.20-14.40	20 mins	Nuances in the evaluation and management of Overlap syndrome	Dr Randeep Guleria
14.40-15.00	20 mins	Newer Positive airway pressure therapies in sleep disordered Breathing management	Dr. Sridhar Venkateswaran

SESSION –VI			
Time	Duration	Topics	Speaker
15.00-15.20	20 mins	COPD – BPAP, CPAP or LTOT – when, how & what	Dr. Dipti Gothi
15.20-15.40	20 mins	Training and accreditation in sleep medicine - Current status & future prospects	Dr D Bhattacharya
15.40-16.00	20 mins	Epidemiology and Diagnosis of Narcolepsy	Dr. Manvir Bhatia
16.00-16.20	20 mins	Sleep and Stroke - the many links	Dr. Suresh Kumar

Time	Duration	Topics
16.20-17.20	60 mins	ISDA Executive Committee Meeting
17.20-17.40		TEA

PRO – CON DINNER SESSION			
Time	Duration	Topics	Speaker
18.30-18.50	20 mins	OSA treatment decreases cardio vascular morbidity - Yes or No? <b>PROCON</b>	Pro – Dr Vikram Sarabhai Con – Dr G C Khilnani
18.50-19.10	20 mins	Home sleep studies should replace In lab sleep testing <b>PROCON</b>	Pro – Dr D J Roy Con – Dr A G Ghoshal
19.10-19.30	20 mins	Is complex sleep apnea really a disease <b>PROCON</b>	Pro – Dr Deepak Shrivastava Con – Dr Sridhar Venkateswaran
<b>FOLLOWED BY BANQUET</b>			

**SLEEPCON 2017**  
**SCIENTIFIC PROGRAM**  
**DAY 2, ON SUNDAY, 09.04.2017**

<b>8.00AM – 9.00AM – FREE PAPER SESSION</b>			
<b>SESSION –VIII</b>			
<b>Time</b>	<b>Duration</b>	<b>Topics</b>	<b>Speaker</b>
9.00 - 9.20	20 mins	Snoring – Treatment, Devices & Surgery	Dr. M.K. Sen
9.20 - 9.40	20 mins	Sleep disordered breathing in heart failure and complex sleep apnea	Dr. Deepak Shrivastava
9.40 - 10.00	20 mins	Slow wave sleep is protective and REM sleep worsens OSA: A study in over 1000 patients	Dr M S Kanwar
10.00-10.20	20 mins	Sleep and lean metabolic syndrome	Dr. Ramanathan Iyer
10.20-10.40	20 mins	Approaching a patient with Central Sleep Apnea	Dr. R. Vijaykumar
10.40-11.00	20 mins	Approaching a patient with Hypoventilation	Dr. H.B. Chandrasekhar
<b>11.00 - 11.20</b>		<b>TEA</b>	

<b>SESSION –IX</b>			
<b>Time</b>	<b>Duration</b>	<b>Topics</b>	<b>Speaker</b>
11.20-11.40	20 mins	Obesity Hypoventilation Syndrome – Current concepts	Dr. GC. Khilnani
11.40-12.00	20 mins	Sleep and aging – the linkup with cognitive decline	Prof. Yves Dauvilliers
12.00-12.20	20 mins	Circadian rhythm sleep disorder	Dr Ramadevi Gourineni
12.20-12.40	20 mins	REM Sleep Behavior disorders – Rising significance for Neurologists & Psychiatrists	Dr. Ravi Yadav
12.40-13.00	20 mins	Clinical significance of Childhood parasomnias – how benign and self-limiting?	Dr. Vibhor Pardasani
<b>13.00-14.00</b>		<b>LUNCH</b>	

<b>SESSION –X</b>			
<b>Time</b>	<b>Duration</b>	<b>Topics</b>	<b>Speaker</b>
14.00-14.20	20 mins	Dentistry's role in sleep disordered breathing : What Pulmonologists need to know	Dr. B. Jayan
14.20-14.40	20 mins	Surgical management of OSA : Who are the right candidates	Dr. Sanjay Udupi
14.40-15.00	20 mins	Surgical management of OSA: ENT perspective	Dr I. Anand
15.00-15.20	20 mins	Surgical management of OSA: Maxillofacial surgeon's perspective	Dr. PK Chattopadhyay
15.20-15.40	20 mins	Trans oral robotic surgery in sleep apnea	Dr Kalpana Nagpal
<b>16.00</b>	<b>VALEDICTORY SESSION</b>		<b>FOLLOWED BY TEA</b>